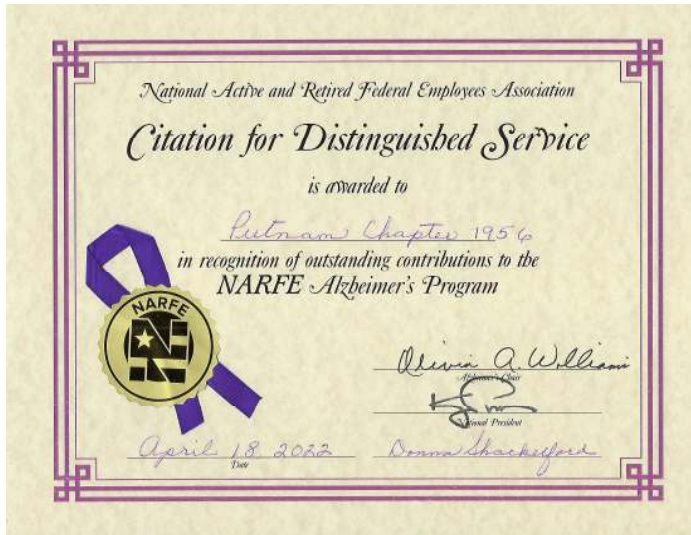


Monthly Notes

With this issue, we have nearly reached the mid-point in the calendar for the year. And with that summer arrives this month. I hope all is well with each of you and have a great summer.

I received an a message from B J Godwin that was forwarded from Donna Shackelford, Region X Alzheimer's Coordinator. It was about a Certificate of Recognition to the Putnam County chapter for donating the most money of any TN chapter to Alzheimer's research for calendar year 2021. An image is shown.



I attended a Tennessee Federation board meeting in May. Discussed was the planning for August board meeting and inviting chapter presidents from around the state to attend and maybe some training to be included. There was some discussion on the 2023 Federation Annual Meeting to be as an in person meeting at Montgomery Bell State Park. Also discussed was trying to post a recording of the 2022 Federation Annual Meeting on the website for those who might want to listen to it, but I am being told that the recording is not available. I am disappointed in that. Someone will write an article for the next Tennessee Federation newsletter about the 2022 Annual Meeting.

The Latest Chapter Financial Report .

April beginning balance—\$1,485.96
 Dues received in April—\$42.00
 Disbursements—none
 April ending balance—\$1527,.96

COLA Watch

There were 2 reports that came out since the last newsletter, April and May. As you can see below the April increase was smaller but May is much larger. Many are feeling the pain of these increases.

We expect no let up in the remaining months of this reporting year and inflation continues to be on the rise as you can tell by things that you buy from day to day. We will continue to report these CPI numbers to see where they go.

Month	Month % Change	% Toward 2023
October 2021	+0.92	+1.17
November 2021	+0.55	+1.72
December 2021	+0.32	+2.05
January 2022	+0.87	+2.93
February 2022	+0.96	+3.92
March 2022	+1.52	+5.50
April 2022	+0.49	+6.02
May 2022	+1.21	+7.30

NARFE Webinars

Here is the list of the latest webinars offered by the Federal Benefits Institute. You can determine which, if any are of interest to you. Remember there are more available besides these.

- **Leaving Federal Service Before Retirement: What You Need to Know.**
- **Estate Planning: Strategies for Feds.**
- **Managing Your TSP in Retirement.**
- **Understanding FERS Deferred/Postponed Retirement Options.** Live on June.8th.
- **Understanding Military and Civilian Federal Service Credit.** Live on July.7th.

These are free to members on the NARFE website, but registration is required to view them live. They will be recorded and can be watched later.

Chapter Officers

President & Newsletter Editor	Ronnie Collins
Vice President	Vacant
Secretary	Reba Collins
Treasurer	Myrna Estes

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When you get your renewal notice, be sure to renew both your National and Chapter Dues.

NARFE's Executive Director

NARFE's Executive Director, Barbara Sido has left. In a brief statement from President Ken Thomas, it is said that she has decided to pursue other opportunities, effective May 15, 2022. She was the first executive director for NARFE and was there for 5 years.

The board has selected Johann De Castor to be the interim executive director until another one can be hired. Mr. De Castro will continue his duties of vice president of finance and administration.

Logging In To OPM

As of May 26th, OPM has changed the way that we need to log in to see our Retirement Services Online account. It seems to be somewhat confusing at this point. I hope it will be easier to understand as time goes by.

To log in now, we have to set up an account with Login.gov and use that account to see our services online. We will no longer use our OPM claim number and password. You may already have created a Log-in.gov account and linked your Social Security account with it.

There are several steps involved to set up and Login.gov account and to link it to your OPM Services Online account to it. There is a helpful FAQs article and step-by-step guide available on the OPM website. I would recommend that if you want to be able to view your retirement services online account.

To go to the website to get started and view the instructions and to learn more, go to this address: servicesonline.opm.gov/.

National Voting

As normal, several proposals have been submitted which needs to be voted on by members. In the June/July magazine, pages 52,53 there is some brief information about those.

You will be able to vote online or my mailing in a ballot. The online voting will begin July 15th. And the ballot should be in the August issue of the magazine which should arrive about the same time. Voting will end on August 31th.

I am sure the voting process will be explained in the magazine. To read more details of the proposed changes, you can do that on the NARFE website. Log in as a member, then look at the top of the page for **Member Quick Links**. Click on that and you should find where they list **2022 Election Information**. On the website is more detailed information about the proposed changes.

And don't forget, we are voting on the NARFE national officers as well. We will be voting on these officers: National President, National Secretary/Treasurer and Region X Vice President. Their statements are online at the same location.

Monthly Membership Report

The chapter activity report for May shows that we had 4 members renewed, 2 by annual renewal and 2 by dues withholding. There was no other activity reported this past month.

The chapter reports that I get from the national office leave much to be desired in completeness and accuracy but it is all they provide us.

Legislation News

On the NARFE website in the section of Legislation Action Center there are listed several bills that are pending in Congress that members are urged to support. Among these are:

- **Help Us Force a House Vote on WEP/GPO Repeal Legislation.**
- **Support Reform of the Windfall Elimination Provision (WEP).**
- **Support the Fair COLA for Seniors Act of 2021.**
- **Support the Equal COLA Act**

These are just some of the bills listed, by clicking on each one on the website, more details are shown as well as a form letter that you can send to your elected members of Congress.

You can also refer to the magazine article on NARFE Bill Tracker for details and status of these and other bills. And as always, contact your members of Congress with your concerns, 866-220-0044.

Federal Long Term Care Insurance

The current contract for the Federal Long Term Care Insurance Program (FLTCIP) is set to expire April 30, 2023. The Office of Personnel Management (OPM) issued a call for proposals from insurance providers interested in bidding on the program. At the end of the proposal period, only the current program underwriter, John Hancock, submitted a bid. OPM has expressed its intent to extend the contract for another seven-year period.

Current FLTCIP participants will be receiving a letter from Long Term Care Partners, the administrator of FLTCIP, informing participants of the likelihood of a rate increase. Anyone with questions should contact Long Term Care Partners at 800-582-3337.

On The Light Side-Cowboy Jokes

Which kind of dinosaur can be found at a rodeo?
A bronco-saurus!

What do you call a really happy cowboy?
A jolly rancher!

What do you call a dinosaur wearing a cowboy hat and boots?
Tyrannosaurus Tex!

Why did everybody think the cowboy was so funny?
Because he was always horsing around!

NARFE IS ON THE WEB

Chapter 1956: www.narfecookevilletn.org

Tennessee Federation: www.narfetn.org

NARFE Headquarters: www.narfe.org