



**NATIONAL ACTIVE AND RETIRED
FEDERAL EMPLOYEES ASSOCIATION
PUTNAM COUNTY—COOKEVILLE TENNESSEE
NARFE Works For You**

Chapter 1956 Newsletter

June 2014

Notes From The Chapter President

Well the May meeting has come and gone. I really appreciate those that came out and I am disappointed that so many missed out. We have been having some really good programs and meetings, you would do well to be there.

The May program was something that none of us in the room had heard of before. Michelle Parrott, Director of the Putnam County UT Extension Office was our speaker and she told us about a new program that is called Money Managers. I believe this is a nationwide program and will become more popular as people become involved. Michelle was an excellent speaker and a delight to listen to.

Money Managers are those who assist mostly seniors with the keeping up with and seeing that bills are paid and similar type tasks. The purpose of this is to help seniors maintain independence, relieve the burden on caregivers and to protect against scams.

Those that do this work are called Daily Money Managers (DMM) and some of the things they can do are:

- ◆ Organizing and keeping track of financial, tax, medical and other records.
- ◆ Helping caregivers establish a budget
- ◆ Preparing and deliver of bank deposits
- ◆ Paying of bills
- ◆ Negotiating with creditors
- ◆ Writing checks and/or balancing a checkbook
- ◆ Making medical appointments and arranging transportation
- ◆ Sorting mail

Those who do this work do charge a fee but it normally does not take a lot of time and the costs should not be very expensive. Michelle passed out sheets about this and guidelines on how to find a DMM.. I can supply you with those or you can contact her or any local UT Extension Office.

In other news from the last meeting, it was good to hear reports about the recent Federation Convention, the Future of NARFE news and much on the topic of Legislation from our Legislative Chair.

I will have a few more comments in this newsletter about these items. I would encourage you to mark the 3rd Tuesday of the month on your calendars and try not to schedule anything that prevents attending.

Please share these newsletters with your spouse

Coming Up This Month

The next monthly meeting will be June 17th. Our program this month will be from the Upper Cumberland Development District Office On Aging. Those scheduled to speak are: Director, Patty Ray and Assistant Directors, Holly Williams and Lanelle Godsey. Folks, we really need a good turn out for this meeting. It is very disappointing to set up a quality program and only have a small number to attend. If you live anywhere in the Upper Cumberland area, make a special effort to come this month.

As always we meet at Shoney's Restaurant on South Jefferson Ave. We ask that you get there no later than 6pm if you plan to eat. The restaurant is usually short handed and its take awhile to get served. The business session of our meeting begins promptly at 6:45. Come and remind other members to attend. I am looking for YOU!

National Convention

This month is the last opportunity to designate a chapter member to be a voting delegate at the upcoming NARFE National Convention. Each chapter is encouraged to send one or more. We actually are permitted to send 3, based on our membership numbers. I do not plan to go myself, but certainly would hope and encourage some of you to attend.

The national convention is every 2 years, this year it will be in Orlando Florida, August 24-28. There is always lots of very important business to conduct and this year, even more with the many proposed changes recommended by the Future Of NARFE Committee. There will be much discussion regarding that. But there are many fun and interesting events that take place there as well. Please read the information in the June magazine about those seeking to be elected as National Officers. More to come.

Chapter Officers

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| President | Ronnie Collins |
| Vice-President | Larry Harkleroad |
| Secretary | Reba Collins |
| Treasurer | Myrna Estes |

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Member Death

I am sorry to report the loss of long time member, Edwina Napier of Celina TN. She passed on March 28th and I was notified by her daughter just recently. Edwina joined NARFE as part of the Celina chapter and was transferred to our chapter when that chapter closed several years ago.

She worked for and retired from the USPS as a postal clerk in Celina. She was preceded in death by her husband and is survived by 5 children. We expressed our sympathy to the family.



Legislative News

Our chapter legislative chair, Dan Hilton has discussed with me about setting up a meeting in Cookeville with our US Representative Diane Black to discuss NARFE issues. I think this will be an excellent idea and I asked to pursue the setting this up.

In order for this to work, we will need a large number of NARFE members to attend. We plan to this during the August recess on the date of and in place of our regular chapter meeting that month which is August 19th. The Congressman has been invited and we are waiting a confirmation. The time of this special meeting will be 1:00 in the afternoon and the location will be the meeting room in the Putnam County Courthouse.

The 6th Congressional District covers a large area of the state and we will invite all the other NARFE chapters with members living in this district. The more we have at this meeting, the more effective it will be.

Dan gave a very good report at our last meeting on legislative bills and ways we can be involve in supporting the NARFE legislative program. It is good to have some help in this area. Don't forget to take advantage of the online Legislative Action Center that you find on the NARFE website, all the current issues are listed and you can use this means to send an email message to your Representative and 2 State Senators based on the issue. There is still a toll free telephone number 1-866-220-0044 provided by NARFE which rings the Capitol Switchboard, Just call this number and ask to be connected to whichever member of Congress you want to speak to. Remember, they want to hear from you.

Protecting the Future for Active and Retired Federal Employees since 1921

Membership News

There were a very large number of current federal employees nationwide that took advantage of the 6 months free membership at the end of last year. Those memberships will be soon expiring and all of us hope that each of them will renew their membership and continue to work with us to help them retain and safeguard their federal benefits. Membership does not cost, it PAYS.

Thanks to those of you who have recently renewed your dues. This helps us more than you think. If you have recently received a dues renewal notice, please respond to that as soon as possible. Remember, you can save yourself money and lots of hassle by renewing for multiple years or switch to dues withholding if eligible. Why not do that? If you have any questions about renewing, direct those to me or to our Membership Chair, Larry Harkleroad at 931-526-6542.

Other News—this and that!

The annual cost of living index as reported by the Bureau of Labor continues a slow rate of increase. The latest numbers that have been reported are for the month of April which shows the cost of living has increased 1.35 percent. The next report due this month will be for May. You may recall that federal annuitants and those receiving Social Security benefits received a 1.5 percent increase in January of this year.

Call this telephone number 1-877-217-8234 to hear the latest Legislative Hotline message from our national office. It is updated each week that Congress is in session. This is the same message that comes out by email. If you have your email address current in your membership records, you can get timely information such as; Legislative Hotlines, Action Alerts, health and benefit news, press releases, newsletters and more. You also have the option of selecting which types of messages you want to get. Don't be left out! Sign up today..

Most every month, we take up a collection which goes to support the NARFE Alzheimer's research. If you are not able to attend a meeting, why not mail a donation either to me or use the form in the magazines to send a contribution directly. Don't forget to include our chapter number, 1956.

Do you take time to read our newsletters each month? If so, I would like to know that. Just mention it at any monthly meeting or let me know by a simple email message, text message or phone call.

NARFE IS ON THE WEB

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| Chapter 1956: | www.narfecookevilletn.org |
| Tennessee Federation: | www.narfetn.org |
| NARFE Headquarters: | www.narfe.org |